

Tennis Holiday 2014 Information Sheet



Praia da Luz, Portugal

This year we have chosen Praia da Luz for the annual club tennis trip.



Praia da Luz meaning 'Beach of Light' is a picturesque seaside resort that manages to retain its old fishing village charm. The town has pretty cobbled streets and traditional architecture combined with newer developments. There are plenty of amenities to hand, with shops, bars and restaurants throughout. Its highlight is the sheltered golden sandy beach with clear water a backdrop of towering cliffs. Nearby are the Monchique Mountains with lush green forests.



Tennis Coaching

The tennis coaching will take place at the Jonathan Markson Tennis Academy, right next to the hotel. Classes will run from 9:30-12:30 Monday – Friday with six players per group.

Players will have free use of the tennis courts outside of class times.



Accommodation at the 4* Luz Bay Hotel

The hotel is set in a beautiful garden landscape. The 2/3 story accommodation encircles the fabulous bar & pool area & each room has it's own terrace or garden. It is located beside the tennis centre & 150m from the beach. Facilities include 3 swimming pools, tennis courts & spa.

http://www.luzbayhotelpraiadaluz.com/Hotel_Luz_Bay_Home.html

Cost Tennis & 7 nights

Accommodation:

€500.00 (twin share, half board)

€620.00 (single occupancy, half-board)

Cost includes transfers to and from the airport.



Accommodation Only:

€340.00 (twin share, half-board)

€460.00 (single occupancy, half-board)

Activities

Clifftop walk Praia da Luz to Burgau

There are many walks in the area, one of the most popular is the relatively easy walk to Burgau which takes about 1-1.5 hours. The dirt trail takes you over steep hills and charms you with amazing views of the ocean and landscape. If you do not wish to walk back, there is a regular bus service.



Visit Lagos

It is well worth a day out in Lagos as it is so close (15 minutes by bus/taxi) and one of the most attractive towns in the Algarve. The main avenue runs the length of the town with the marina and town beach on one side and the cobbled squares and streets that make up Lagos town centre on the other. There are restaurants and cafes to suit all tastes and a lot of them have fantastic views across Lagos Bay. There is also a pumping nightlife!



Golf

There are four courses within a 20 minute drive; the championship course at Penina, Palmares at Lagos, Parque de Floresta at Budens and the Boa Vista course between Lagos and Luz

Cycling

You can simply hire a bike to explore the Algarve independently or book with one of the many local companies for a guided cycle tour. Some offer to drop you at the top of the nearby mountains so you can cycle down again – EASY!!



Watersports

The beach has almost every water sport possible. Dolphin tours, boat trips to Sagres and the grottos, parasailing. Fun rides: flyfish, banana and ringos, waterski, wakeboard, sailing, windsurf, surf and kayaks.

Suggested Flights

Aer Lingus

Dep Dublin Sunday 27th April (16:30)

Ret Dublin Sunday 4th May (20:10)

Pre-Holiday Meet-Up

Friday April 4th 2014 at Mario's Ranelagh before the 505

Booking

Contact Sinéad Howard, email: Sinéad.howard@gmail.com or tel 086-8569113 to make a booking or for any further details.

Deposit of €200 required by 31st January 2014 by cash/cheque to the office.

Final payment to be made by end of February 2014